

K Cash呈獻：清水灣鄉村俱樂部心晴慈善跑及步行籌款2025

K Cash Presents: The Clearwater Bay Golf and Country Club Joyful Charity Run and Walk 2025

	組別 Category	出生年份 Year of Birth	最低籌款額 Minimum Donation	請在參加組別加 “√” Please select a category with √	
5公里跑步 5km Run	個人男子組 Men Individual	青年組 Junior	HK \$300	<input type="checkbox"/> 男	<input type="checkbox"/> 女
	個人女子組 Women Individual	壯年組 Senior		<input type="checkbox"/> 男	<input type="checkbox"/> 女
		先進組 Master		<input type="checkbox"/> 男	<input type="checkbox"/> 女
	團體組 Group	16歲或以上，3–5人為一組 Aged 16+, 3–5 runners in a team		2009或之前 or before	HK \$1,500
	工商組 Company	16歲或以上，3–5人為一組 Aged 16+, 3–5 runners in a team	2009或之前 or before	HK \$10,000	
3.5公里步行 3.5km Walk	不設組別 No Category	不限年齡 Any age	2013或之前 or before	HK\$300	
			2014–2021	HK\$100	
			2022或之後 or after	免費 Free	

備註：

- 所有組別以出生年份計算(年齡組別以2025減去出生年份)。All categories are counted based on the year of birth (2025 minus the year of birth)
- 5公里跑步之團體組及工商組成績以首3位完成賽事參加者時間計算。For the Group and Company categories in 5km Run, only the results of first three team members will be totaled.
- 建議所有參加者先諮詢專業教練之意見，是否合適參與5公里比賽。Participants are advised to consult their trainers for suitability to engage in 5km Run.
- 建議10歲以下參加者以輕鬆參加為主，量力而為。Young participants are advised to participate for fun and causal walk only and not for competitive results.

參加者資料 Participant's Information (*必須填寫 Compulsory fields)

參加者資料(個人項目只需填參加者1) Participants / Information (Individual fills Participant1)	參加者 1 (隊長) 聯絡代表 Participant 1 (Captain) Contact Representative	參加者 2 Participant 2	參加者 3 Participant 3	參加者 4 Participant 4	參加者 5 Participant 5
*隊名: *Team Name:		(僅供團體組別填寫，只接受中英文隊名) (Applied for Group registration, Only English and Chinese team names are accepted)			
*姓名: *Name: (身份證或護照上姓名 Printed on HKID/Passport)	(中文Chinese) ----- (英文English)	(中文Chinese) ----- (英文English)	(中文Chinese) ----- (英文English)	(中文Chinese) ----- (英文English)	(中文Chinese) ----- (英文English)
*身份證或護照號碼 (首4個數字) *HKID/passport (First 4 digits)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (如e.g. A123456(3),請填Fill 1234)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (如e.g. A123456(3),請填Fill 1234)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (如e.g. A123456(3),請填Fill 1234)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (如e.g. A123456(3),請填Fill 1234)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (如e.g. A123456(3),請填Fill 1234)
*性別: *Gender:	<input type="checkbox"/> 男/M <input type="checkbox"/> 女/F	<input type="checkbox"/> 男/M <input type="checkbox"/> 女/F	<input type="checkbox"/> 男/M <input type="checkbox"/> 女/F	<input type="checkbox"/> 男/M <input type="checkbox"/> 女/F	<input type="checkbox"/> 男/M <input type="checkbox"/> 女/F
*出生年份: *Year of Birth:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
*通訊地址: *Address:		(隊際賽只需填寫隊長之通訊地址) (For group participants, please only fill in the Captain's adress.)			
*手提電話: *Mobile no.:		<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> (隊際賽只需填寫隊長之手提電話) (For group participants, please only fill in the Captain's mobile no.)			
*電郵: *Email address:		(所有活動通知將會傳送至隊長之電郵) (For group participants, please only fill in the Captain's email)			
*緊急聯絡人: *Emergency Contact Person:					
*緊急聯絡電話: *Emergency Contact No.:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
*運動上衣尺碼: *Memento T-Shirt Size:	<input type="checkbox"/> XXS <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXS <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXS <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXS <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXS <input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL

參加者聲明及保證 Disclaimer & Indemnity

本人現參加《K Cash呈獻：清水灣鄉村俱樂部心晴慈善跑及步行籌款2025》，謹此聲明並保證本人會遵守主辦機構所定之活動規則及任何活動安排。倘於活動期間發生意外，包括死亡、受傷或財物損失，本人將自行承担一切責任。主辦機構、各贊助機構及支援機構無須對此作出賠償或負上任何法律責任(由大會、各贊助機構及支援機構疏忽而導致之個人傷亡除外)。本人確認身體狀況良好，並適合由執業醫生確認本人之體能，不適合參加此活動。本人謹證明本人之技術水平適合參與此活動。若本人在活動期間發生事故而導致主辦機構支付額外開支，本人願意對主辦機構作出合理賠償。本人願意授權予大會及贊助機構在毋須經本人審查而可永久地在任何地方使用本人的肖像、姓名、聲線及個人資料作為本會活動攝影、傳媒及推廣之用(包括相片、錄像及多媒體錄像等)。(本聲明以中文及英文編寫，如有任何闡釋上的歧異，概以英文版本為準。)

I, the undersigned, am applying to enter "K Cash Presents: The Clearwater Bay Golf and Country Club Joyful Charity Run and Walk 2025" and its incidental activities (the "Event"). I confirm and agree that I shall comply with all relevant rules and regulations and other arrangements made by the organizer and shall take part in the Event entirely at my own risk. I agree not to hold the organizer, any sponsors and/or supporting organizations responsible for any accident of whatever kind, resulting in death or injury, and/or for any damage, loss or destruction of personal properties during the course of the Event (other than personal injury or death resulting from the negligence of the organizer, any sponsors and supporting organizations). I confirm that I am physically fit and sufficiently trained, and have not been otherwise advised by a qualified medical practitioner. I also agree to indemnify or reimburse the organizer in respect of any additional costs or expenses incurred by the organizer arising from or in connection with my participation in the Event. I also irrevocably grant the organizer and any sponsors the right to photograph me during the Event and have my name, voice, likeness and appearance made into photographs, sound, video or multi-media recordings relating to the Event ("Recording") and to use the Recording in perpetuity throughout the world, in all media now known or hereafter devised for any purpose, whether in advertising or for purposes of trade or otherwise. I acknowledge and agree that no payment or other compensation shall be payable by the organizer and any sponsors in connection with the Recording or any use thereof. (This declaration is written in both English and Chinese. If there is any conflict or inconsistency between the Chinese version and the English version of this declaration, the English version shall prevail.)

備註 Remarks:

1.個人資料收集聲明 Personal data collection statement

心晴行動慈善基金盡力遵守《個人資料(私隱)條例》中所列載的規定，確保儲存的個人資料準確無誤，及有妥善的儲存方法。為保障閣下的利益，本會只收集有關資料作日後與閣下通訊、籌款、活動、課程邀請、義工招募或收集意見的推廣用途。倘未得到閣下的同意之前，本會不可以使用閣下資料作推廣之用途。日後查閱、取消或更新個人資料，請隨時致電 3690-1000。

Joyful (Mental Health) Foundation (JMHF) undertakes to comply with the requirements of the Personal Data (Privacy) Ordinance to ensure that personal data kept are accurate and secure. To safeguard interest of our data subjects, JMHF collects personal data from you for the purpose of providing you with information of JMHF, fundraising appeal, activities invitation, volunteer recruitment, survey research and other promotion activities. JMHF cannot use your personal data unless we have received your consent. You may contact us at 3690-1000 for enquiry, cessation or updating of your personal data.

本人 同意 / 不同意心晴行動慈善基金使用我所提供的個人資料作上述推廣用途。

I ACCEPT / OBJECT to the proposed use of my personal data for the above-mentioned promotion purposes.

2.參加者保證籌款 Undertaking to raise donation

本人謹此聲明並保證所有直接或間接從參與《K Cash呈獻：清水灣鄉村俱樂部心晴慈善跑及步行籌款2025》所得捐款，將悉數捐予「心晴行動慈善基金」，並保證不得以《K Cash呈獻：清水灣鄉村俱樂部心晴慈善跑及步行籌款2025》作為其他籌款用途。本人同意報名申請一經接納，所有費用與捐款均不獲退還。

I, the undersigned, undertake that all funds raised directly or indirectly from my participation in the "K Cash Presents: The Clearwater Bay Golf and Country Club Joyful Charity Run and Walk 2025" shall be paid in full to "Joyful (Mental Health) Foundation". I shall not seek to raise funds for any other purpose through my participation in the said event. I also agree that all fees and donations will not be refunded upon acceptance of this application.

*未滿18歲之參賽者必須由家長或監護人簽署 *Participant aged below 18 must have consent by parent or guardian. 本人同意下述參加者參加《K Cash呈獻：清水灣鄉村俱樂部心晴慈善跑及步行籌款2025》，並承擔活動期間發生的意外，包括死亡、受傷或財物損失之一切責任。

I agree the below applicant to participate in "K Cash Presents: The Clearwater Bay Golf and Country Club Joyful Charity Run and Walk 2025". I confirm not to hold the organizer, any sponsors and/or supporting organizations responsible for any accident of whatever kind, resulting from death or injury, and/ or for any damage, loser destruction of personal properties.

參加者 1 姓名: _____ 日期
Applicant 1 Name: _____ Date: _____

家長/監護人姓名: _____ 家長/監護人簽署:
Parent's / guardian Name: _____ Parent's / guardian Name: _____

參加者 2 姓名: _____ 日期
Applicant 1 Name: _____ Date: _____

家長/監護人姓名: _____ 家長/監護人簽署:
Parent's / guardian Name: _____ Parent's / guardian Name: _____

參加者 3 姓名: _____ 日期
Applicant 1 Name: _____ Date: _____

家長/監護人姓名: _____ 家長/監護人簽署:
Parent's / guardian Name: _____ Parent's / guardian Name: _____

參加者 4 姓名: _____ 日期
Applicant 1 Name: _____ Date: _____

家長/監護人姓名: _____ 家長/監護人簽署:
Parent's / guardian Name: _____ Parent's / guardian Name: _____

參加者 5 姓名: _____ 日期
Applicant 1 Name: _____ Date: _____

家長/監護人姓名: _____ 家長/監護人簽署:
Parent's / guardian Name: _____ Parent's / guardian Name: _____